

# HUNGER & FULLNESS CUES

## WHEN YOUR BABY IS HUNGRY, SHE MAY...



Keep her hands near her mouth



Bend her arms and legs



Make sucking noises



Pucker her lips



Search for the breast (root)

## WHEN YOUR BABY IS FULL, SHE MAY...



Suck slower or stop sucking



Relax her arms and legs



Turn away



Push away



Fall asleep